

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

I seek refuge in Allah from the rejected Shaitan

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Beneficient, the
Merciful

عَبَسَ وَتَوَلَّى ﴿١﴾
أَن جَاءَهُ الْأَعْمَى ﴿٢﴾
وَمَا يُدْرِيكَ لَعَلَّهُ يَزَكَّى ﴿٣﴾

[80:1] He frowned and turned (his) back,

[80:2] Because there came to him the blind
man.

[80:3] And what would make you know that he
would purify himself,

أَوْ يَذَّكَّرُ فَتَنْفَعَهُ الذِّكْرُ ﴿٤﴾
أَمَّا مَنْ اسْتَغْنَىٰ ﴿٥﴾
فَأَنْتَ لَهُ تَصَدَّىٰ ﴿٦﴾

[80:4] Or become reminded so that the reminder should profit him?

[80:5] As for him who considers himself free from need (of you),

[80:6] To him do you address yourself.

Surah 80: 'Abasa

Juz 30

وَمَا عَلَيْكَ إِلَّا يَزْكَىٰ ﴿٧﴾

وَأَمَّا مَنْ جَاءَكَ يَسْعَىٰ ﴿٨﴾

وَهُوَ يَخْشَىٰ ﴿٩﴾

[80:7] And no blame is on you if he would not
purify himself

[80:8] And as to him who comes to you striving
hard,

[80:9] And he fears,

فَأَنْتَ عَنْهُ تَلَهَّى ﴿١٠﴾

كَلَّا إِنَّهَا تَذْكِرَةٌ ﴿١١﴾

فَمَنْ شَاءَ ذَكَرْهُ ﴿١٢﴾

[80:10] From him will you divert yourself.

[80:11] Nay! surely it is an admonishment.

[80:12] So let him who pleases mind it.

Surah 80: 'Abasa

Juz 30

فِي صُحُفٍ مُّكَرَّمَةٍ ﴿١٣﴾
مَرْفُوعَةٍ مُّطَهَّرَةٍ ﴿١٤﴾
بِأَيْدِي سَفَرَةٍ ﴿١٥﴾

[80:13] In honored books,
[80:14] Exalted, purified,
[80:15] In the hands of scribes

كَرَامَ بَرَّةَ ﴿١٦﴾
قُتِلَ الْإِنْسَانُ مَا أَكْفَرُهُ ﴿١٧﴾
مِنْ أَيِّ شَيْءٍ خَلَقَهُ ﴿١٨﴾

[80:16] Noble, virtuous.

[80:17] Cursed be man! how ungrateful is he!

[80:18] Of what thing did He create him?

Surah 80: 'Abasa

Juz 30

من نطفة خلقه فقدره ﴿١٩﴾
ثم السبيل يسره ﴿٢٠﴾
ثم أماته فأقبره ﴿٢١﴾

[80:19] Of a small seed; He created him, then He made him according to a measure,

[80:20] Then (as for) the way-- He has made it easy (for him)

[80:21] Then He causes him to die, then assigns to him a grave,

ثُمَّ إِذَا شَاءَ أَنْشَرُهُ ﴿٢٢﴾
كَلَّا لَمَّا يَقْضِ مَا أَمَرُهُ ﴿٢٣﴾
فَلْيَنْظُرِ الْإِنْسَانُ إِلَى طَعَامِهِ ﴿٢٤﴾

[80:22] Then when He pleases, He will raise him
to life again.

[80:23] Nay; but he has not done what He bade
him.

[80:24] Then let man look to his food,

Surah 80: 'Abasa

Juz 30

أَنَا صَبَبْنَا الْمَاءَ صَبًّا ﴿٢٥﴾
ثُمَّ شَقَقْنَا الْأَرْضَ شَقًّا ﴿٢٦﴾
فَأَنْبَتْنَا فِيهَا حَبًّا ﴿٢٧﴾

[80:25] That We pour down the water, pouring
(it) down in abundance,

[80:26] Then We cleave the earth, cleaving (it)
asunder,

[80:27] Then We cause to grow therein the
grain,

Surah 80: 'Abasa

Juz 30

وَعِنَبًا وَقَضْبًا ﴿٢٨﴾

وَزَيْتُونًا وَنَخْلًا ﴿٢٩﴾

وَحَدَائِقَ غُلْبًا ﴿٣٠﴾

[80:28] And grapes and clover,
[80:29] And the olive and the palm,
[80:30] And thick gardens,

وَفَاكِهَةً وَأَبًّا * (٣١)
مَّتَاعًا لَّكُمْ وَلِأَنْعَامِكُمْ * (٣٢)
فَإِذَا جَاءَتِ الصَّاخَّةُ * (٣٣)

[80:31] And fruits and herbage

[80:32] A provision for you and for your cattle.

[80:33] But when the deafening cry comes,

Surah 80: 'Abasa

Juz 30

يَوْمَ يَفِرُّ الْمَرْءُ مِنْ أَخِيهِ
وَأُمِّهِ وَأَبِيهِ
وَصَاحِبَتِهِ وَبَنِيهِ

[80:34] The day on which a man shall fly from his brother,

[80:35] And his mother and his father,

[80:36] And his spouse and his son--

Surah 80: 'Abasa

Juz 30

لِكُلِّ امْرِئٍ مِنْهُمْ يَوْمَئِذٍ شَأْنٌ يُغْنِيهِ ﴿٣٧﴾
وَجُوهٌ يَوْمَئِذٍ مُّسْفِرَةٌ ﴿٣٨﴾
ضَاحِكَةٌ مُّسْتَبْشِرَةٌ ﴿٣٩﴾

[80:37] Every man of them shall on that day have
an affair which will occupy him.

[80:38] (Many) faces on that day shall be
bright,

[80:39] Laughing, joyous.

Surah 80: 'Abasa

Juz 30

وَوُجُوهُ يَوْمَئِذٍ عَلَيْهَا غَبَرَةٌ ﴿٤٠﴾
تَرْهَقُهَا قُتْرَةٌ ﴿٤١﴾
أُولَئِكَ هُمُ الْكَافِرَةُ الْفَجَرَةُ ﴿٤٢﴾

[80:40] And (many) faces on that day, on them shall be dust,

[80:41] Darkness shall cover them.

[80:42] These are they who are unbelievers, the wicked.