

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

I seek refuge in Allah from the rejected Shaitan

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Beneficient, the
Merciful

Surah 90: Al-Balad

Juz 30

لَا أُقْسِمُ بِهَذَا الْبَلَدِ ﴿١﴾
وَأَنْتَ حَلٌّ بِهَذَا الْبَلَدِ ﴿٢﴾
وَوَالِدٍ وَمَا وَلَدَ ﴿٣﴾

[90:1] Nay! I swear by this city.

[90:2] And you shall be made free from
obligation in this city--

[90:3] And the begetter and whom he begot.

Surah 90: Al-Balad

Juz 30

لَقَدْ خَلَقْنَا الْإِنْسَانَ فِي كَبَدٍ ﴿٤﴾
أَيَحْسَبُ أَنْ لَنْ يُقْدَرَ عَلَيْهِ أَحَدٌ ﴿٥﴾
يَقُولُ أَهْلَكْتُ مَالًا لُبَدًا ﴿٦﴾

[90:4] Certainly We have created man to be in distress.

[90:5] Does he think that no one has power over him?

[90:6] He shall say: I have wasted much wealth.

Surah 90: Al-Balad

Juz 30

أَيَحْسَبُ أَنْ لَمْ يَرَهُ أَحَدٌ ﴿٧﴾
أَلَمْ نَجْعَلْ لَهُ عَيْنَيْنِ ﴿٨﴾
وَلِسَانًا وَشَفَتَيْنِ ﴿٩﴾

[90:7] Does he think that no one sees him?

[90:8] Have We not given him two eyes,

[90:9] And a tongue and two lips,

Surah 90: Al-Balad

Juz 30

وَهَدَيْنَاهُ النَّجْدَيْنِ ﴿١٠﴾

فَلَا اقْتَحَمَ الْعُقَبَةَ ﴿١١﴾

وَمَا أَدْرَاكَ مَا الْعُقَبَةُ ﴿١٢﴾

[90:10] And pointed out to him the two
conspicuous ways?

[90:11] But he would not attempt the uphill
road,

[90:12] And what will make you comprehend
what the uphill road is?

فَكَرَّ بَاقِيَةً (١٣)
أَوْ إِطْعَامٌ فِي يَوْمٍ ذِي مَسْغَبَةٍ (١٤)
يَتِيمًا ذَا مَقْرَبَةٍ (١٥)

[90:13] (It is) the setting free of a slave,
[90:14] Or the giving of food in a day of hunger
[90:15] To an orphan, having relationship,

أَوْ مُسْكِينًا ذَا مَتْرَبَةٍ ﴿١٦﴾
ثُمَّ كَانَ مِنَ الَّذِينَ آمَنُوا وَتَوَاصَوْا بِالصَّبْرِ وَتَوَاصَوْا
بِالْمَرْحَمَةِ ﴿١٧﴾

[90:16] Or to the poor man lying in the dust.

[90:17] Then he is of those who believe and charge one another to show patience, and charge one another to show compassion.

Surah 90: Al-Balad

Juz 30

أُولَئِكَ أَصْحَابُ الْمِئْمَنَةِ ﴿١٨﴾
وَالَّذِينَ كَفَرُوا بِآيَاتِنَا هُمْ أَصْحَابُ الْمَشْأَمَةِ ﴿١٩﴾
عَلَيْهِمْ نَارٌ مُؤَصَّدَةٌ ﴿٢٠﴾

[90:18] These are the people of the right hand.

[90:19] And (as for) those who disbelieve in our communications, they are the people of the left hand.

[90:20] On them is fire closed over.